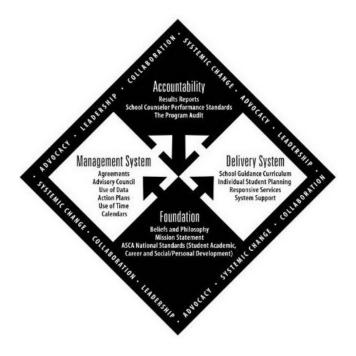
"School counseling programs provide education, prevention and intervention services, which are integrated into all aspects of children's lives.

Early identification and intervention of children's academic and social/emotional needs is essential in removing barriers to learning and in promoting academic achievement.

The knowledge, attitudes, and skills that students acquire during these elementary years serve as the foundation for future success."

-American School Counselor Association

#### American School Counseling National Model



# JoLee Horvath Elementary School Counselor



25 Highland Ave. Lisbon, NH 03585

 $603\text{-}838\text{-}6672 \\ \textit{johorv@lisbon.k12.nh.us}$ 



Hello! My name is Mrs. Horvath and I am the elementary school counselor at Lisbon Regional School. I graduated from the University of Northern Colorado with a Bachelor's Degree in Psychology. I earned my Master's Degree in School Counseling from Syracuse University. I am also a Nationally Certified Counselor.

I am originally from a small town in Upstate, NY. I moved to New Hampshire five years ago with my husband and our dog, Romeo. During my free time I enjoy skiing, hiking, traveling, and spending time with my family and friends.

### Elementary School Counselors provide a school counseling program that includes:

#### School Guidance Curriculum

- \* Education on understanding self and others
- \* Peer relationships, coping strategies and effective social skills
- \* Communication, problem-solving and conflict resolution
- \* Goal setting and decision-making
- \* Career awareness, exploration and planning

#### Responsive Services

- \* Individual and small-group counseling
- \* Crisis intervention
- \* Conflict resolution
- \* Consultation/collaboration
- \* Referrals to outside agencies

#### Academic Planning

- \* Academic support, including organizational, study and test-taking skills
- \* Goal setting/decision-making

#### System Support

- $* \quad {\bf Professional\ development}$
- \* Program management and operation

## How can I get in contact with you?

You can contact me by phone at (603) 838-6672, by email johorv@lisbon.k12.nh.us or you can make an appointment to meet with me at school.

## How are students referred to the school counselor?

Students may be referred to the counseling office by their parents/ guardians, teacher, administration, or through self-referral.

School counselors provide short-term, solution-focused counseling.

When larger concerns arise, students may be referred to outside agencies for professional counseling services.